GROW A HEALTHY TOWER GARDEN®

IDEAL PLANTING LOCATIONS

Top (small plants)
lettuce, herbs, strawberries, chard, celery

Middle (medium plants)
peppers, eggplants, beans, kale, collards, sugar snaps

Bottom (large plants)
tomato, cucumber, zucchini, all squash, all melons

Try not to select too many large or vine plants. We suggest no more than 4 large and/or vine plants per Tower Garden®.

If you and your family (2-4 people) eat a salad every day, we suggest growing approximately 8-10 heads of lettuce. For the average family, here is a guide to the number of each type of vegetable seedling you may need:

- Cucumbers: 1
- Bell Peppers: 1-2
- Butternut Squash: 1
- Eggplant: 1
- Green Beans: 4+
- Spaghetti Squash: 1
- Sugar Snap Peas: 4+
- Summer Squash: 1
- Tomatoes (cherry): 1
- Tomatoes (regular): 1
- Tomatoes (beefsteak): 1
- Watermelon: 1-2
- Zucchini: 1

For the average family, just one of each herb you use is usually sufficient.