From Seed to Table

Name ________________________________

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1. Plant.

2. Grow.

3. Harvest.

4. Eat.
“From Seed to Table”
How to Use

Give each student a copy of the page. Help each child fold the paper in half vertically, keeping the photos and text to the outside. Then guide the student to cut on the dashed lines to make five flaps. Have each child write his or her name on the first flap. Invite the student to open the first flap and describe the class’s Tower Garden®. After each stage of the garden-to-table process, instruct students to fold back the corresponding booklet flap and then draw or write to tell about the experience.